



#8329 National Capital Area
United Way &
Combined Federal Campaign

Glad Tithings

"Moreover it is required of stewards that they be found trustworthy." (1 Cor. 4:2)



Ken Smith, Director

Ken Smith's Principles in Practice

Talking with God

Intimacy with God is what every Christian longs for. One way to build a personal relationship with God is to record daily conversations with Him in a journal. I'm convinced journaling helps me communicate directly and meaningfully with the Lord and protects me from those "dry spells" we so often hear about.

The combination of journaling, prayer and Bible reading has produced tranquility in me that I once thought impossible. Whether we realize it or not, everyone on the face of the earth ultimately seeks one thing: to be filled with the peace that passes understanding. We seek it in all the wrong places: in money and material possessions, in relationships, in our own achievements. However,

it's really only available through an intimate relationship with the Creator, and He longs for us to draw near to Him.

To build that intimacy, we must choose to spend time with God—a daily quiet time. For me, that time begins when I open my journal every morning. I follow a standard format:

- 1) Day and date,
- 2) Reflection on yesterday's activities,
- 3) Reflection on today's plan,
- 4) Confession (including reconciliation and improving relationships),
- 5) Thanksgiving,
- 6) Intercession (family, friends, supporters) and
- 7) Supplication (needs and protection).

Under "Yesterday's reflections," I write in

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CSM Golfers Invited to June 30 Reception

We've got a 50-50 proposition for you. You can find out more about it by joining us for a June 30 coffee and dessert reception beginning at 6:30 p.m. at the Army Navy Country Club in Fairfax, Virginia. We'll be sharing the details on our fourth annual CSM Golf Marathon.

We're looking for 50 hardy golfers to play 50 holes in half a day on September 24 at the Fairfax National Golf Club in Centreville.

Our goal is for each golfer to raise at least \$1,000, with a tournament target of \$45,000 to support the ministry. Last year, we netted \$30,000 despite having to cancel because of Hurricane Isabel, but we're counting on better weather and lots of golfers ready to go the distance.

At the reception on Wednesday, June 30, CSM will share all the details with potential golfers. Golfers will also have the opportu-

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Life Management Seminar on Aug. 21

If you'd like to know more about managing your time in line with God's plan, CSM's half-day Life Management Seminar on August 21 is the perfect place to begin. Scheduled for Christian Fellowship Church in Ashburn, Virginia, this special seminar will begin at 8:30 a.m. and end at 1:00 p.m. Ken Smith will be your instructor.

Advance registration is \$20 per person or \$25 at the door. Clergy and full-time Christian workers attend free. If you've struggled with time management, this is an opportunity to find new strategies to deal with common problems such as getting enough sleep, avoiding over-commitment, putting procrastination behind you and getting to the church—and everywhere else—on time.

June 30
Reception for
Golfers

6:30 pm
Army Navy
Country Club
Fairfax, VA

August 21

Life
Management
Seminar

8:30 am to 1 pm
Christian
Fellowship
Church
Ashburn, VA



Talking with God *(continued from page 1)*

approximate chronological order the things I did the previous day. If I didn't journal yesterday, I cover each of the days since I last made an entry, much like a diary. "Today's plan" is my listing for what I anticipate this day, based on my calendar, my to-do list and anything else that helps me focus on the day ahead. Although I have a planning time following my quiet time, these reflections set the stage for developing my daily plan.

"Confession" covers the things I heard, thought or did in the previous day or days that require God's forgiveness. In addition to asking forgiveness, I ask how to best rectify the situation. Sometimes there's nothing more to do than ask forgiveness and repent. Other times I need to go to someone and ask forgiveness or otherwise make something right.

Under "Thanksgiving," I look at both yesterday and today and list all the things for which I am thankful. This often occupies the most space in my day's writing and definitely lifts me from being too preoccupied with whatever the challenges of the day ahead may be. I look forward the most to this part.

"Intercession" is my opportunity to note two or three top prayer priorities for members of my family, my friends and others who care for me. In addition to my journal, I also maintain a prayer list that I use during my prayer time rather than journaling time. Many of the items on my prayer list come to my attention for the first time during my journaling time.

Under "Supplication," I review yesterday and today and identify areas where I need God's insight, assistance or protection. Then I write each prayer request out, asking the Lord to give me the protection, direction or insight needed. When I don't receive insight or direction on a particular point during my quiet time, I purpose to bring this need before the Lord the next day and the next until I either receive an answer or the problem just ceases to be a problem.

This journaling process, along with my prayer list, enables me to leave my problems, concerns and needs with the Lord. I trust Him to take care of all these things for me, and therefore, I almost never experience anxiety. Instead I am filled to overflowing with a deep peace, beyond understanding, all day, every day. I know that God has the answers to my challenges and that He will reveal to me what I need to know in His good time to resolve all my concerns. Sometimes I have to wait a bit longer than I prefer, but I do know the answers will be forthcoming.

Even when the answer is no, or not yet, I am able to relax and await His pleasure. I no longer try to "make" things happen when it becomes clear that God doesn't want me to pursue them. Frequently, it's only after I have given up or surrendered something that I wanted to have or do that God then brings it about, in some way other than my "making" it happen.

As I write, I spend a lot of time listening to God. Initially, I didn't realize I was listening—I thought I was doing all the talking. I discovered, however, that as I take the time to write my thoughts down, God "talks" to me through the thoughts that I have while I

am writing. Very often I find that before I have even completed my journaling, I have identified the answer to a question or request.

For example, I might identify a situation where I mishandled a relationship. Even while I'm asking God to forgive me and make it right, I might be guided as to what to do, with a clear sense that I am writing under the direction of the Holy Spirit. Sometimes, the thorniest issues can be resolved in no time at all, and I can actually sit back and read God's answer to my dilemma.

Obviously, it takes me more than a few minutes to write daily in my journal. I set aside at least an hour to spend with the Lord every day. Sometimes 20 or 30 minutes is sufficient. Other days, I spend more than an hour—sometimes two hours. The key is to have more than enough time set aside, so that God can determine how much time He wants you to spend with Him.

If you long to develop an intimate relationship with the Lord, I encourage you to start with at least 10 minutes a day and then build that into whatever time period you believe the Lord wants you to spend with Him. Devoting a portion of that time to journaling, along with prayer and reading His word, has enabled me to hear from Him more clearly and to experience His peace beyond all understanding.

Ministry News

We have two exciting events coming up this summer—our June 30 reception for potential golfers for our September 24 golf marathon and our next Life Management Seminar scheduled for August 21 at Christian Fellowship Church in Ashburn, Virginia. Please call the office at 703-591-5000 to sign up for either—or both!—of these events.

CSM supporters raised \$30,000 at our eleventh annual spring banquet and second silent auction on March 25 at the Sheraton Premiere Hotel in Tyson's Corner, Virginia. Many thanks to all of you who attended, assisted and sponsored this event. Former Virginia Attorney General Mark Earley, now president of Prison Fellowship, spoke.

CSM's Executive Council is continuing to meet monthly to work on the ten-year plan for the ministry. Council members include George Beaven, DJ Chuang, Greg Citizen, Jim Cope, Frank Lewark, Sharon Meisel, Carl Meyer, Bud Roeder, Clint Smith, Ken Smith, Ralph Solberg and Wayne York.

Registration deadline for fall Life Management Study classes in the Washington area is September 6. Call the office for information on a class near you. Internet LMS classes begin at any time—just register at ilms@csmin.org. CSM appreciates the work of Ruth Kriz and Ralph Solberg in developing the 6th edition of the LMS.

CSM held its first half-day Life Management Seminar in nearly 10 years on March 13 at Christ Chapel in Woodbridge, Virginia. Ken Smith and Pastor Rob Seagears taught the half-day session.

CSM is a ministry dedicated to assisting Christian individuals, families, ministries, and Christian-owned businesses in achieving their potential in the area of stewardship. CSM's Board of Reference includes: Ron Blue, president, Ron Blue and Company; Dr. Bill Bright, Campus Crusade for Christ (1921-2003); Larry Burkett, Crown Financial Ministries (1939-2003); Reid Carpenter, president, Pittsburgh Leadership Foundation; Howard Dayton, President, Crown Financial Ministries; Dr. Ted Engstrom, president emeritus, World Vision; Roger Erickson, president, Christian Business Men's Committee International (retired); the Rt. Rev. Alden M. Hathaway, Bishop of Pittsburgh (retired); Dr. Charles Hummell, faculty advisor, Intervarsity Christian Fellowship (retired); the Rt. Rev. David Colin Jones, Suffragan Bishop of Virginia; Dr. Beverly LaHate, founder/chairman, Concerned Women for America; Rev. Martyn Minns, Rector, Truro Church; and the Rt. Rev. Dr. John Rodgers. The Pastor's Board of Reference includes Rev. James Ahlemann, Rev. Larry Andes, Rev. George Beaven, Rev. Steve Brimmer, Rev. Amos Dodge, Rev. Paul Frey, Rev. Tom Gullbranson, Rev. John Guernsey, Rev. James Hamacher, Rev. David Harper, Rev. Tom Herrick, Rev. John Hutchinson, Rev. Bill Roberts, Rev. Dennis Rupert, Rev. Tom Tarrants and Rev. John Yates. Serving on CSM's Board of Directors responsible for day-to-day ministry operation are Frank Lewark, Jack Maier, Rob Seagears and Ken Smith.

Prayer Corner

PRAISE GOD FOR...

- ◆ Successful banquet in March, netting \$30,000 for the ministry.
- ◆ Financial stability for CSM during the past year.
- ◆ Completion of the LMS Orientation video.
- ◆ Members of the CSM board of directors, board of reference, executive council and advisory council.

PRAY FOR...

- ◆ A successful reception on June 30 for potential golfers for the fourth CSM Golf Marathon.
- ◆ A good turnout for the August 21 Life Management Seminar.
- ◆ Development of a training video for leaders.
- ◆ Additional churches to incorporate LMS and *It's About Time!* small group studies into their adult education curricula.
- ◆ Continued expansion of the ministry in Peru and throughout South America.
- ◆ Formation of LMS and *It's About Time!* classes in August and September.
- ◆ Completion of the 6th edition of the Life Management Study.
- ◆ Continued financial stability for the ministry.
- ◆ A ministry coordinator in God's perfect timing and patience awaiting His timing.

CSM Golfers Invited to June 30 Reception

(continued from page 1)

nity to win door prizes at the reception.

The reception is your opportunity to find out more about the marathon, including information on the prizes and perks—that's food, drinks and golf carts! Golfers who sign up for the marathon will receive a Land's End CSM golf vest or a CSM leather duffel bag.

The 2004 CSM Golf Marathon will be Friday, September 24, at the Fairfax National Golf Club in Centreville, Virginia, beginning at 6:30 a.m. Golfers will have until 1:00 p.m. to finish the 50 holes with two balls per hole. Call the CSM office at 703-591-5000 to sign up for the June 30 reception or for more details on the tournament.

CSM Kudos

Applause to Wayde York and Mark Patterson for all their help designing the power point presentations for our new Life Management Seminar. Wayde also helped with the spring banquet and silent auction.

Spring Banquet/Silent Auction Yields \$30,000

Many thanks to all who worked to make CSM's spring banquet and silent auction successful. The ministry expects to net \$30,000 as a result. Special thanks to our banquet underwriters, including: Peter level: Craven Tire & Auto, Golden Construction Company and Dan and Ruth Smith; Paul level: Til and Anne Hazel; Luke level: AREAS Real Estate Appraisers, Carl and Kay Meyer, Jim and Mary McIlvaine, Peterson Family Foundation and Scott-Long Construction; Barnabus level: Christ Chapel, Lloyd and Tina Chadwick, Jack and Carole Maier, Bud and Lisa Roeder, John and Diane Sellers, Steve and Joanna Templeton, Ernie and Diane Wakeham and Herb and Roycea Watson; Timothy level: ABS Auto Repair, Joe and Wendy Connolly, Ray and Sharon Douaire, James and Janice Fields, Bill and Alice Findler, Rick and Leigh Ann Groux, Myrna Harris, Chuck and Kathy Henry, Dr. Charlie Jackson, Tony and Pam McGraw, Frank and Elyse McLearen, George and Sandy Quillin, John and Linda Reyle, Rob and Diane Topping and Bill and Janet Watts.

We particularly appreciate all those who helped with the silent auction and who assisted with the banquet by registering and greeting guests and handling the paperwork afterwards. Special thanks to Tom Connor, Sharon Connor, Bart Fleming, Beth Fleming, Betty Graves, John Grimsley, Jocelyn Hamilton, Myrna Harris, Chuck Henry, Kathy Henry, Frank Lewark, Wanda Lewark, Geri Lindsay, Carole Maier, Jack Maier, Sharon Meisel, Berta Molina, Frank Mullins, Yoko Nelson, Amy O'Brien, Teri Phelps, Marcia Pokrant, Diana Reingruber, Pat Smith, Susan Strong, Hugh Talman, Gedeon Topacio, Susan Walker, Roycea Watson, Ashley Windmuller and Wayde York.

If we missed your name, please forgive us and let us know!

CSM South American Outreach

CSM's South American Associate, called Perfect Way, is working to complete the Spanish version of the Internet Life Management Study. According to Gustavo Alayza, the Advisory Council for Perfect Way is up and running with regular meetings of the local members and e-mail contact with those who live outside Peru. The first printing of *Ya es Hora!* has sold out, and Gustavo is making arrangements for a second printing.

Fall LMS Classes Start in September

Face-to-face Life Management Study classes will resume in September—possibly at a church near you. Can't wait until you can join a class in September? You can begin the Internet LMS at any time. Both in-person classes and Internet classes include daily homework assignments and practical exercises. Your \$95 registration fee covers the student manual, workbook, a copy of Ken Smith's book *It's About Time!*, and trained facilitators. Register at <http://www.csmin.org> or call the CSM office at 703-591-5000 to learn more about fall classes near you.

Greg Citizen: Released from Over-commitment

After taking CSM's Life Management Study several years ago, Greg Citizen found himself better able to focus on the ministry God called him to as an elder at Christ Chapel in Woodbridge, Virginia. "I learned that it's okay to say no. I was over-committed, and this class helped me obtain the peace that all Christians seek," Greg says.

Greg found the class so helpful that he took the training for facilitators and has since led seven classes at Christ Chapel. The church uses the LMS as part of its development program for leaders and potential leaders—helping them establish Christ-centered discipline, learn key scriptures and manage their time in accord with biblical principles. The class "helps those who desire to serve find their place," Greg says. He especially appreciates the scriptural basis of LMS and the focus on learning key verses throughout the 13-week session, as well as the emphasis on practical application. "Each of the lessons includes key scriptural links and principles that should govern the life of a Christian," he says.

Although he prefers to remain in the background, describing himself as a low-key person, Greg has been actively involved in many ministries at Christ Chapel, teaching Sunday school and serving on the core teams, most recently with the worship and fine arts team. He also serves on CSM's Advisory Council.

A military retiree, Greg is now a senior vice president and chief financial officer of a small telecommunications company. He and his wife Antonia have two sons and live in Woodbridge, Virginia.

Joyful Dividends

On the LMS Class

Dear Ken,

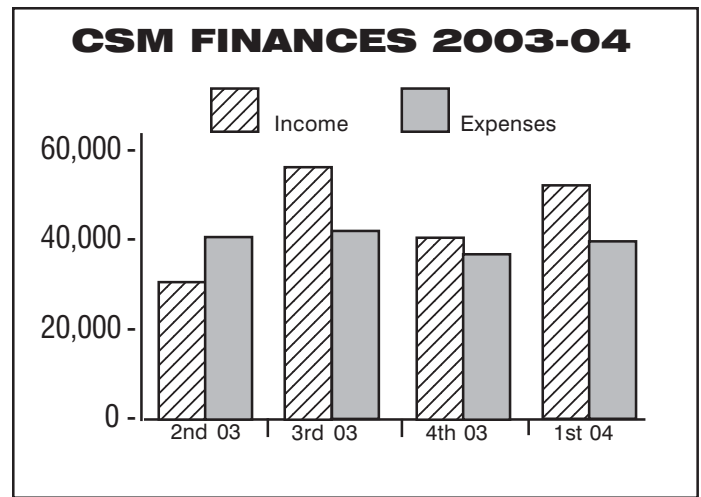
... it is a class that discipled Christians. That is so important these days, Ken. I am devoted to this ministry and willing to do whatever I can to further the kingdom of God through it. Be encouraged as you continue to do what the Lord speaks into your life.

Love in Jesus,
Roycea Watson

On the Spring Banquet

Dear Ken,

CSM has been an integral part of my life for over 20 years. In fact, it was the first ministry to which God called me and where I felt I could contribute in some small way—doing the registrations and putting on the coffee and putting out the donuts [at seminars] in faraway churches those many



years ago.

... You have always been there for me through the rough times, helping me keep things in perspective and stay focused. This has not always been easy, but your honesty and Pat's nurturing have been tremendously helpful to me.

... I believe [your ministry] is of invaluable help to people who can least afford it and who would have nowhere else to turn... I am happy to be of assistance and in attendance whenever I can. I look forward to [helping with] many more lucrative fundraisers.

Blessings to you, Pat and the CSM Staff

In His Mighty Name
Jocelyn Hamilton

On "Punctuality" featured in the May 1987 issue of Glad Tithings
Ken,

Thanks. The article made a big impression on me and caused me to change the way I manage my time. Being on time is a matter of stewardship and respect. It's not a matter of being tyrannized by scheduling, only honoring those whom we've promised to meet.

Blessings to you and Pat,

In Christ,
Steve Skancke

CSM Counseling Provides Personal Help

If you'd like one-on-one assistance with ordering your time, life planning issues or money matters, CSM Counseling might be the right solution for you. You can meet either face-to-face, by phone or through email and learn to put biblical principles into practice. You'll begin to move forward confident that you are following God's plan for your life and experiencing his peace and blessing. Begin by calling 703-591-5000 or the CSM toll-free line 1-800-IDL-TIME (435-8463) or email the ministry at counseling@csmin.org.

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